



2009 ISF INTERNATIONAL CALENDAR

Updated: October, 2008

2009 SKYRUNNER® WORLD SERIES

COSTA RICA: **Cordillera Volcánica Central** - April 18
SPAIN: **Maratòn Alpina Zegama-Aizkorri** - Basque Country, May 24
ANDORRA: **Vallnord SkyRace** - La Massana, June 28
ITALY: **Giir di Mont SkyMarathon** - Premana, Lecco, July 26
USA: **Pikes Peak Marathon** - Colorado, August 16
UK: **The Ben Nevis Race**, Fort William, Scotland, September 5
MALAYSIA: **Mount Kinabalu International Climbathon** - October 24-25

2009 Skyrunner® World Series' Trials

MEXICO: SkyRace Mexiquense - Volcan Nevado de Toluca, April 6
SWITZERLAND: International SkyRace - Valposchiavo, June 7
PORTUGAL: Circuito dos 3 Cântaros SkyRace - Parque Nat. da Serra da Estrela, June 14
SLOVENIA: Alpine Marathon - Petrovo Brdo, June 20
ITALY: Monterosa SkyRace - Alagna Valsesia, July 12
FRANCE: Chaberton Marathon - Montgènevre, August 2
VENEZUELA: Ávila SkyRace, Caracas, August 9
SPAIN: Puyada a Oturia - Sabiñánigo, September 27
JAPAN: Mt Ontake SkyRace - Nagano, October 18

**The SKYRUNNER® WORLD SERIES is a circuit of races open to individual skyrunners and commercially sponsored teams.*

The 2009 ranking points system will be updated in the next few months by the relevant ISF Commission

2009 CONTINENTAL CHAMPIONSHIPS

2009 EUROPEAN SKYRUNNING CHAMPIONSHIP

Dolomites Vertical Kilometer - Alba di Canazei, Trento, Italy, July 17

Dolomites SkyRace - Canazei, Trento, Italy, July 19

2009 UPAME SKYRUNNING CHAMPIONSHIP

Costa Rica: Cordillera Volcánica Central - April 18

Venezuela: Ávila SkyRace, Caracas, August 9

2009 ASIAN SKYRUNNING CHAMPIONSHIP (TBD)

Fuji Mountain Race, Fujiyoshida, Japan, July 25

Mount Kinabalu International Climbathon, Malaysia, October 24-25

***Only official national teams may take part in Continental Championships.*

Four Continental titles will be awarded: individual (2 races), individual combined, and official national teams.

The ranking points system will be updated in the next few months by the relevant ISF Commission



2009 ISF RECOGNISED INTERNATIONAL RACES

France

SkyRace de Serre Chevalier, Serre Chevalier, July 12

La 6000D, SkyMarathon, La Plagne, July 26

Chaberton Marathon, Montgènevre, August 2

Italy

Sentiero 4 Luglio, SkyMarathon, Corteno Golgi, Brescia, July 5

Dolomites SkyRace, Canazei, Trento, July 19

Orobic SkyRaid Team Challenger, Bergamo, August 2

Trofeo Kima, Ultra X SkyMarathon Championship, Val Masino, Sondrio, August 30

Sentiero delle Grigne SkyMarathon, Lecco, September 20

Japan

Fuji Mountain Race, Fujiyoshida, July 25

Mt Ontake SkyRace, Nagano, October 18

Russia

RedFox Elbrus Race, skimountaineering/snowshoeing multisport race, May 14-17

Mt Elbrus Speed Climb, Azau, Caucaso, September 13

Spain

Maratón de Berga, Serra de Queralt, Berga, May

Maratòn Alpina Zegama-Aizkorri Guipuzcoa, Basque Country, May 24

Maratòn Alpino Madrileño, Puerto de Navacerrada, June

Puyada a Oturia, Sabiñánigo, September 27

Switzerland

SkyRace Lodrino, Lodrino, June 14

Zermatt Marathon, Zermatt, July 5

Course de Sierre-Zinal, SkyRace, Zinal, August 8

UK

Three Peaks Race, Yorkshire Dales National Park, April 25

Ben Nevis Race, Fort William, Scotland, September 5

USA

Barr Trail Mountain Race, Manitou Springs, Colorado, July 12

Pikes Peak Marathon, Colorado, August 16

Rest of the World

COSTA RICA: Cordillera Volcánica Central - April 18

PORTUGAL: Circuito dos 3 Cântaros SkyRace, June 14

SLOVENIA: Alpine Marathon, Petrovo Brdo, June, 20

GREECE: Olympus Marathon, June 23

PERU: Vischongo Eco Marathon, Ayacucho, August 16

MALAYSIA: Mount Kinabalu International Climbathon, October 24/25

MEXICO: SkyMarathon Iztaccíhuatl Volcán, Edomex, December 13

VENEZUELA: National race calendar: www.fevme.com